



A Publication of the Port City Lions Club
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Web Page <http://galions.org/18b/portcity/>

Monthly News

President's Comments

The azaleas are blooming and spring is just around the corner. One sure sign of spring is that our nominations committee is busy developing a slate of officers for next year. We will have a sight conservation collection on March 15 and a broom sale in April.

We need to ask ourselves what we have done to help the sight- and hearing-impaired. Just as flower blossoms remind us of another beginning, we should be asking ourselves if we have renewed vigor and commitment to serve others. It's also important to remember that commitment to serve is nothing without action. What will we do to make our commitment live?

Diabetes Prevention Remains a Key Concern for Lions

OAK BROOK, Illinois, February 29, 2008—Awareness about the endemic disease diabetes takes center stage on Tuesday, March 25 as the American Diabetes Association (ADA) sponsors National Diabetes Alert Day. This annual day acts as a "call to action" to find out if you are at risk for getting diabetes.

Lions have a long-standing commitment to the awareness of diabetes that dates back to 1984. Since then, Lions International has adopted a long-term promise to increase awareness of the disease, especially since diabetic retinopathy is the leading cause of blindness in the U.S. An overwhelming 7 percent, or 20.8 million, of adults and children in the United States have diabetes. While an estimated 14.6 million have already been diagnosed with diabetes, 6.2 million people remain unaware that they have the disease. As the presence of diabetes throughout the U.S. continues to grow each year, spreading awareness about the disease becomes even more imperative. The cause of diabetes continues to be a mystery, however both genetics and environmental fac-

tors, like obesity and lack of exercise, appear to be correlated to its diagnosis.

To further address the growing problem of diabetes, LCIF established diabetes prevention and control as part of LCIF's Core 4 program in 1999. Since then, 15 diabetes-related grants for US\$1.3 million have been approved. The grants have supported camps that teach children to live with the disease, large-scale screening and treatment programs and projects to raise awareness of the disease. Additionally, LCIF awarded nearly \$5 million to the ADA, the world's largest source of non-governmental support for diabetic retinopathy research, for research on diabetic retinopathy. The grants funded 56 researchers in nine countries. In addition, the funding resulted in a greater understanding of the disease and laid the groundwork for more effective treatments.

LCIF also supports diabetes awareness and prevention through the Lions Eye Health Program (LEHP). One of the main focuses of LEHP is to inform communities about preventable vision loss due to diabetic eye disease. The LCIF program encourages early detection and timely treatment through eye exams and education.

Through Lions advocacy, awareness about diabetes continues to be at the center of attention in the U.S., further continuing the fight for a healthier and happier country. Participate in this year's National Diabetes Alert Day and become one of the many Lions that contribute to the fight against diabetes.

Meeting Change

Our Business Meeting this month has been rescheduled for Tuesday, March 18. We will be meeting at the Fairmont Restaurant which is located behind the Circuit City on Abercorn.

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Birthdays and Anniversaries

Anniversary
 Linda Larson **March 22**

Birthday
 None in March

PORT CITY LIONS CLUB

MARCH 2008

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday																																																																																																		
<table border="1"> <thead> <tr> <th colspan="7">Feb 2008</th> </tr> <tr> <th>S</th> <th>M</th> <th>T</th> <th>W</th> <th>T</th> <th>F</th> <th>S</th> </tr> </thead> <tbody> <tr> <td></td> <td></td> <td></td> <td></td> <td></td> <td>1</td> <td>2</td> </tr> <tr> <td>3</td> <td>4</td> <td>5</td> <td>6</td> <td>7</td> <td>8</td> <td>9</td> </tr> <tr> <td>10</td> <td>11</td> <td>12</td> <td>13</td> <td>14</td> <td>15</td> <td>16</td> </tr> <tr> <td>17</td> <td>18</td> <td>19</td> <td>20</td> <td>21</td> <td>22</td> <td>23</td> </tr> <tr> <td>24</td> <td>25</td> <td>26</td> <td>27</td> <td>28</td> <td>29</td> <td></td> </tr> </tbody> </table> <table border="1"> <thead> <tr> <th colspan="7">Apr 2008</th> </tr> <tr> <th>S</th> <th>M</th> <th>T</th> <th>W</th> <th>T</th> <th>F</th> <th>S</th> </tr> </thead> <tbody> <tr> <td></td> <td></td> <td>1</td> <td>2</td> <td>3</td> <td>4</td> <td>5</td> </tr> <tr> <td>6</td> <td>7</td> <td>8</td> <td>9</td> <td>10</td> <td>11</td> <td>12</td> </tr> <tr> <td>13</td> <td>14</td> <td>15</td> <td>16</td> <td>17</td> <td>18</td> <td>19</td> </tr> <tr> <td>20</td> <td>21</td> <td>22</td> <td>23</td> <td>24</td> <td>25</td> <td>26</td> </tr> <tr> <td>27</td> <td>28</td> <td>29</td> <td>30</td> <td></td> <td></td> <td></td> </tr> </tbody> </table>						Feb 2008							S	M	T	W	T	F	S						1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26	27	28	29		Apr 2008							S	M	T	W	T	F	S			1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26	27	28	29	30				1
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2	3	4 7:00 PM Regular Meeting - Visit of DG Dewey Hayes	5	6	7 Monopoly Game Invented (1933)	8																																																																																																		
9 Daylight Savings Time Begins False Teeth Patented (1822)	10	11	12	13	14 Cotton Gin Patented (1794)	15 10:00 AM -2:00 PM Sight Conservation Day																																																																																																		
16 Palm Sunday	17 St. Patrick's Day	18 7:00 PM Business Meeting	19	20 Spring begins	21 Good Friday	22 Carbonated Water Invented (1733) Linda Larson's Anniversary																																																																																																		
23 Easter	24	25 7:30 PM Board of Directors Meeting	26 Lifeboat Patented (1845)	27	28	29																																																																																																		
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Activities

March 4	7:00 P.M.	Visit of District Governor Dewey Hayes
March 15	10:00 A.M.—2:00 P.M.	Sight Conservation Day.
March 18	7:00 P.M.	Business Meeting.
March 25	7:30 P.M.	Board of Directors Meeting.
April 1	7:00 P.M.	Business Meeting..